



Shooting Errors:

Aiming Errors: Align sights with Target

Trigger Errors: The trigger must be pulled in a straight rearward uniform movement until after the shot is fired.

Jerking the trigger (6) - Shooter trying to fire at the exact instant the moving sights cross the target. Results in a large group or low and to the left. Solution: concentrate on a trigger squeeze that produces a surprise break.

Fingering (7) - Finger not placed properly on trigger; makes contact with frame or is pulled sideways and not straight to the rear. Solution: adjust trigger finger placement until no movement occurs.

Riding the recoil or jerking the trigger finger forward after firing (no follow through) (8) - Riding the recoil occurs when the shooter anticipates the recoil by producing a recoil-like movement as the shot is fired. Jerking the trigger finger forward just as the shot breaks. Solution: Practice proper follow through by holding the gun steady while and after the trigger is pulled.

Hold Errors: Inability to minimize the arc of movement of the firearm by keeping the sights aligned while the trigger is pulled.

Increased group size as shooting session progresses. With practice, the muscles holding the gun will become stronger.

Grip Errors: Errors in the way the pistol is held.

Breaking Wrist: This occurs when the shooter anticipates the recoil and either mimics it and breaks wrist up (1) or tries to counter act it by breaking wrist down (5).

Tightening grip while pulling trigger (lobstering) (4).

Heeling the gun: Shooter anticipates the shot and gives the gun butt a slight push with the heel of the hand. (2)

Thumbing: Applying pressure with the strong-hand thumb to the side of the gun as the shot is fired. (3)